PRODUCT INFORMATION

Contact lens wearers must remove lenses prior to using the OPTASE® Moist Heat Mask.

After treatment, it is normal to experience some blurring in your vision. The blurriness should clear within a few minutes. If it does not clear within an hour, consult your Eye Care Specialist.

If used daily, consider replacing your Moist Heat Mask after 6 months.

We recommend that you keep your OPTASE® Moist Heat Mask in the blue travel pouch provided. Store in a clean, dry place.

Clean immediately if exposed to food, oils, grease or other dirt. Wipe with a damp cloth, then let air dry for a minimum of 24 hours before next use. Do not shake the moist heat mask vigorously.

PRECAUTIONS:

After heating, the mask may appear moist, but once applied, skin should not feel damp or wet. Do not overheat • When heating, do not place the mask directly onto metal surfaces or grill stand • Regularly inspect your OPTASE® Moist Heat Mask and replace it if worn or damaged • For external use only • Do not use for purposes other than intended • Do not apply to sensitive skin or open wounds • People with poor circulation or a reduced ability to feel sensation related to diabetes should use with caution • Seek professional advice if you have a medical condition that affects the eyes or the skin around the eyes • Do not share your OPTASE® Moist Heat Mask • Do not ingest contents • Do not use whilst sleeping • Seek medical advice if symptoms persist or worsen • The head straps in this product contain latex • Store at room temperature • Keep out of reach of children • Adult supervision is always required when applying the mask to children.

SCOPE

Manufactured for Scope Health Inc
New York, NY 10016, USA

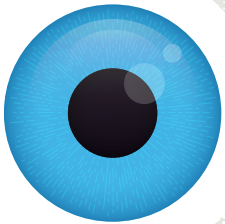
Questions: +1 917 7954227
www.optase.com
hello@optase.com



The OPTASE® family of products are designed to deliver comfort and soothing relief.

OPTASE®

MOIST HEAT MASK



Step 1 HEAT

RELIEVES Dry Eye Symptoms

Advanced Hydrobead Technology

Reusable mask for soothing, effective relief of symptoms of Dry Eye, Blepharitis, MGD, Chalazion and Styes.

SCOPE

The OPTASE® Moist Heat Mask is designed to give you effective relief from dry eye and other related eye conditions. It features HydroBead Technology, which absorbs moisture from the air and releases a natural, constant, moist heat.

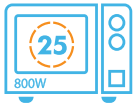
Each application of the OPTASE® Moist Heat Mask will provide the recommended 10 minutes of Moist Heat Therapy.

Moist Heat Therapy loosens the oils in the meibomian glands, allowing the oil to flow more freely, and helps soften eyelash debris.

The application of Moist Heat prevents the evaporation of natural tear film whilst restoring moisture to the eyes and surrounding areas.

DIRECTIONS FOR USE:

1



Remove, any make-up or false eyelashes or dirt, debris from eyelids and lashes prior to use.

This product can only be heated in a microwave. Make sure your microwave and turntable is dry, free from dirt and grease before heating the OPTASE® Moist Heat Mask. Ensure to remove any dirt, debris, make-up, false eyelashes and contact lenses before use. Place the OPTASE® Moist Heat Mask flat on a clean, microwaveable plate. Heat for 25 seconds in an 800W microwave or for 15 seconds in a 900W+ microwave. When heating, ensure the mask does not touch any metal surfaces.

Power/Watts	Maximum time
800W	25 Seconds
900W +	15 Seconds

Do not exceed a maximum of 30 seconds of heating. The heat mask remains hot for 30 minutes. If reused within 30 minutes, reduce heating time by 10 seconds.

2



Always touch with fingers first to test the temperature before applying to closed eyes. If necessary, allow the heat mask to cool for 1 minute and re-test.

3



Fasten the strap around your head and adjust for personal comfort. For best results, apply the heat mask to closed eyes for 10 minutes per treatment or as recommended by your Eye Care Specialist.

If the Moist Heat Mask feels too hot, remove immediately, and allow it to cool for 1-2 minutes before reapplying. Do not leave the mask unattended whilst heating in the microwave.

RECOMMENDED USE

OPTASE® Moist Heat Therapy



We recommend using the OPTASE® Moist Heat Mask for a 10-minute treatment, twice a day for the first 2 weeks, or as advised by your Eye Care Specialist. This can be reduced to once a day, and then 3-4 times a week as a maintenance therapy.

OPTASE® Cold Therapy



Cold therapies can reduce the symptoms of ocular allergies, puffy eyes and contact lens irritation. Place mask in a sealable plastic bag. Place bag in freezer for 30 minutes. Remove mask from freezer and place over closed eyes. Wear mask for 5-7 minutes of treatment.

Date of Issue (June 2026)

OMHM.PLU.3