



Allergic Conjunctivitis Questionnaire

Allergic Conjunctivitis Symptom
Assessment (ACSA)



A mnemonic is a useful way to gather information on your patient to help you in diagnosing a patient's presenting complaint.

This list of questions may help, as part of an eye examination, to understand the main allergy triggers and create a suitable management plan. Further questioning may be necessary depending on the patient's response to questions.

Remember: Common allergy treatments like steroid and antihistamines may help with overall allergy symptoms, but using eye drops will give instant ocular symptom relief and is an effective addition to treatment, given the fact that oral antihistamines can reduce the production of tears.

ASMETHOD Mnemonic:

- A** Age
- S** Self or someone else
- M** Medication
- E** Extra medicines
- T** Time persisting
- H** History
- O** Other symptoms
- D** Danger symptoms

Allergic Conjunctivitis Symptom Assessment (ACSA)



Name:		Date of birth: ____ / ____ / ____	
Gender:	<input type="checkbox"/> Female	<input type="checkbox"/> Male	<input type="checkbox"/> Other

Do you suffer from allergies?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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If yes, what type of allergies do you suffer from?

<input type="checkbox"/> Dust	<input type="checkbox"/> Pollen	<input type="checkbox"/> Pet dander
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Other (please specify):

Do you suffer from any of the following symptoms?

<input type="checkbox"/> Watery eyes	<input type="checkbox"/> Ocular itch	<input type="checkbox"/> Ocular redness
<input type="checkbox"/> Nasal congestion	<input type="checkbox"/> Nasal itching	

Other (please specify):

How long have you suffered from allergies?

Do you currently take allergy medication?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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If yes, what allergy medication do you take?

Any other comments:
