

ACTASE® LUTEIN ZA

DIRECTIONS FOR USE:

As a food supplement for adults, one (1) softgel per day with meals.

SUPPLEMENT FACTS

Serving size: 1 softgel

Per daily dose (1 softgel)		%NRV
Lutein FloraGLO®	10 mg	±
Zeaxanthin	2 mg	±
Astaxanthin	2 mg	±
Vitamin D	5 µg	100%
Vitamin C	180 mg	225%
Vitamin E	20 mg	166%
Zinc	10 mg	100%
Copper	1 mg	100%

NRV = Nutritional Reference Value.

± = NRV could not be established.

INGREDIENTS:

Ascorbic Acid, Stabiliser: (Soyabean Oil, Coconut Oil), Capsule: Gelatine (Bovine), Humectant: Glycerine, Lutein, Astaxanthin-Rich Oleoresin from *Haematococcus Pluvialis* Algae, D-α-Tocopherol, Zinc Oxide, RR-Zeaxanthin, Emulsifier: Lecithin, Water, Cupric Sulphate, Colouring: Iron Oxide, Cholecalciferol.

Net weight: 24g e

ACTASE® Lutein ZA is a targeted eye supplement with zinc to help maintain healthy vision. Vitamins C and E contribute to the protection of cells from oxidative stress, plus copper to help maintain healthy connective tissue. ACTASE® Lutein ZA contains the carotenoids Lutein and Zeaxanthin, which are plant based pigments found to concentrate naturally in the macula.

Lutein:

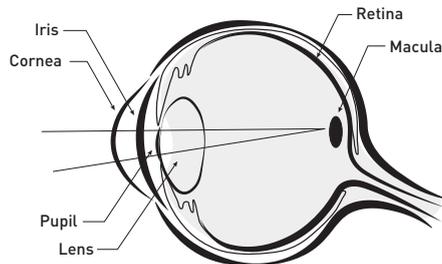
A yellow-orange carotenoid that occurs naturally in green plants and a high concentration is present in the macula at the back of the human retina.

Zeaxanthin:

A yellow carotenoid that is found in yellow corn and in the leaves of many plants and a high concentration is present in the macula at the back of the human retina.

Astaxanthin:

A carotenoid that is not naturally produced by the human body and our intake is dependent on a healthy balanced diet that includes regular consumption of particular fish products including salmon and shrimp.



Macula:

A yellow pigmented structure at the back of the human eye which is responsible for our central vision. Our central vision is critical to seeing detail, colour and objects directly in front of us. Deterioration of the macula can lead to blurring and possible loss of central vision.

PRECAUTIONS AND WARNINGS

- Do not exceed the stated recommended daily dose. A food supplement is not a substitute for a healthy varied diet and lifestyle.
- If you are pregnant or breastfeeding, consult your doctor before use.
- Store in a cool, dry place, away from sunlight. Store below 25°C.
- Not suitable for children under 18. Keep out of reach of children. Do not take if blister foil is broken or missing.
- Speak to a healthcare professional before taking if on medication/have a medical condition.

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FloraGLO®
LUTEIN

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